

VICTORIA PARK CELL PHONE USE GUIDELINES

**We want our students to be healthy, happy, and engaged learners.
We hope our students pursue growth and aim to be their best selves.**

To support student learning at VPHS, we have developed guidelines for the use of personal mobile devices (PMDs).

Personal Mobile Device Definition

- Any personal device that has internet access, texting, music, or gaming capabilities.

Personal Digital Device Guidelines

- Personal digital device is in your bag, in your locker, or the space provided by your teacher (not on your person or on your desk)
- Headphones/earbuds are not in use during class time unless connected to a school device
- No personal digital devices in washrooms or changerooms
- Smart Watches notifications are turned off during class time
- Teachers will indicate (in advance) if there are specific learning situations that support personal digital device use
- Students are welcome to access their devices during breaks and/or lunch

FAQs	Answer
How can I reach my child if I need to contact them?	In the event of an emergency, you can always contact your child through the office at 403-327-3945 . Every classroom has a telephone. The office can call your child's classroom so you can connect with them.
What will happen if my child is struggling with the new guidelines?	Teachers will work with your child to determine what supports and strategies could be used to manage the struggle. Staff will reach out to parents to work together to help your child understand the new guidelines and strategies available for success. Teachers will connect with Administrators for support if your child continues to struggle.
Why are you implementing these guidelines?	We believe (and research supports) that cell phone use is having a negative impact on student learning, engagement, mental health, and social and emotional development.

We believe in implementing these guidelines with care and compassion. We want to support our students in understanding how personal mobile devices impact their learning and wellbeing. We also want to teach our students how to use devices appropriately and in a healthy way. Thank you for your support!